

## Unit 9 Stay fit and healthy

### Listening Part 2

1

1 A (I got a message from my son to say his car had broken down, so I had to go and pick him up).

2 B (I usually spend Saturday mornings cleaning the house, so it'll be good for me to do something different).

3 A (The thing is... My brother had invited one of his friends to come with us and he spent the whole match shouting in my ear).

4 B (That guide gave us some useful information, she told us more than just the name of the artist and the date).

5 C (I'm really sorry. I had a problem with my phone... I left it in the locker in the changing room when we went to play badminton).

6 A (If you don't mind falling over sometimes - beginners always do)

### Vocabulary

#### Sports

1 **beat** (beat someone, win against someone)

2 **drew**

3 **bat**

4 **gloves**

5 **racket** (we play tennis on a court)

6 **score**

## Illnesses and accidents

2

1 **bike** (2 wheels)

2 **rollerblading** (rollerblades have their 4 wheels in a line)

3 **skateboard** (wheels on small boards)

4 **surfers** (people who have experience on the sea)

5 **exercise** (form of exercise)

6 **mountain biking** (in the countryside)

7 **breath** (be out of breath - breathe quickly or find breathing difficult when doing exercise)

8 **exhausted** (very tired)

3

1 **b**

2 **d**

3 **c**

4 **g**

5 **h**

6 **a**

7 **e**

8 **f**

## Reading Part 3

### Exam tip!

- ★ In reading part three, there is often a question about each paragraph.
- ★ The questions follow the order of the text.
- ★ Question five asks about the whole text.

1 **C** (para 1: she wasn't an early starter but began lessons at the age of seven).

2 **D** (para 2: her father's job took her family there).

3 **C** (para 3: she was upset because an injury to her foot meant that she couldn't finish the Wimbledon Junior tournament)

4 **B** (para 4: she loves competing, especially when she wins a match)

5 **D** (whole text: the whole text tells us about good aspects of Katie Swann's life as a tennis player. It also tells us about the difficulties).

## Grammar

### Relative clauses

1

1 **who** (*a person - the athlete*)

2 **whose** (*possession - the runner who is the owner of the trainers*)

3 **when** (*time - in 2005*)

4 **who** (*person - Matt*)

5 **where** (*place - the most famous court in the UK*)

6 **which** (*thing - sports centre*)

2

1 There's the man who lives in the flat next door.

2 That's the girl whose mother was my nurse in hospital.

3 2010 was the year when our team won the cup.

4 This is the church where my parents got married.

5 My only brother, who is a pilot, moved to Australia.

### Past perfect

4

1 Her granddad was feeling weak because **he had had** an operation. (*he had the operation first, then he felt weak*)

2 When we **had finished** the match, we went out for a meal (*we finished the match first, then we went out to eat*).

3 Why **did you go home** before the match had ended?

4 Jacob **had seen** the film, but he didn't mind seeing it again. (*He saw the film before watching it again*)

5 By the time she **had got** to the restaurant, everyone had started eating. (*They started eating before she arrived*).

6 Caitlin went to see the nurse because she **had hurt** her leg. (*She hurt her leg and then went to the nurse*).

### Writing Part 2: a story

**Exam tip: Don't choose the story on your exam day!**

**We advise our students to not do the story** in an actual **exam**, because it is difficult to use our imaginations when under exam stress. You can still practice writing stories as it's fun to be creative, and good for learning English too.

1

1 **when**

2 **then**

3 **Luckily,**

4 **after**

5 **Suddenly,**

6 **finally**

2

#### Example answer

Sam was both anxious and excited when he left the house. He and his brother got into the car and drove to the mountains because today was the first time he was going to compete in a snowboarding competition.

When they arrived, he put on his helmet and gloves and went to the start of the race. He heard the bell and went down the mountain. He was snowboarding very well, and he was feeling confident when suddenly he fell. His leg really hurt, and he couldn't move. A doctor came and said 'I think you've broken a bone'. She called a helicopter, which took him to a hospital. Poor Sam! He couldn't walk for six weeks!

**Please, ask your teacher if you have  
made a mistake and would like it  
explained.**